



## A CODE OF BEHAVIOUR IN SPORT

Trinity College believes that all students should participate in a wide range of competitive sports. Each student should participate in the programme as fully as possible.

The following is a set of guidelines to assist teachers, coaches, students and parents, to enable them to get the maximum benefit from sport and to encourage good sportsmanship.

1. Each individual should give a reasonable time each week to training in order to maintain a balance with time allocated to study, religious activities, home duties, cultural enjoyment and social activities.
2. All the courtesies should be observed: teams must be punctual; the coach and captain of the home team should receive the visiting team members courteously and show them to the change rooms; there should be early notification of the inability to field teams.
3. Play may be hard and vigorous in body contact sports but never deliberately foul or unfair. A player using deliberate violence should be removed by his coach before it becomes necessary for the umpire to take action.
4. Behaviour on and off the field must be modest and restrained.
  - (a) Bad language is not to be tolerated (a player offending in this way should be removed by coach or umpire).
  - (b) Barracking should be enthusiastic, but never belittling nor provocative, nor should it be designed to upset the opponents - or encourage rough play, or over-praise an individual.
  - (c) A team (or individual) that wins should behave modestly. A team that is defeated or an individual who makes an error, should not make a display of his self-disgust or disappointment.
  - (d) Good play should be recognised, whether by an opponent or a member of one's own school.
  - (e) The umpire's decisions must be accepted without negative response by players, coaches and spectators.
  - (f) Unfair tactics must never be used. This includes the use of provocative comments of a personal nature.
5. Home schools should show courtesy to visiting spectators as well as players, and visitors must respect the host school's premises and rules in matters of parking, tidiness, access to playing areas, change rooms, use of alcohol, etc.

In team games, each Trinity team should acknowledge the efforts of their opponents with a handshake and "three cheers" called by the captain. Umpires should be acknowledged likewise with "three cheers" from the team and thanked personally by the captain.

Each Trinity team should be "Modest in Victory and Generous in Defeat".