



TRINITY COLLEGE

eNews

Edition 2 – Friday 24 February 2012

Trinity College Netball 2012

The netball year at Trinity College has started with a flurry. A number of traditional components of the program continue and many new initiatives have been implemented.



Netball SA held clinics at STARplex over the summer holidays. Participants had fun learning the essential skills necessary for future netball success. The clinics focused on technique, ball control, shooting, defence, passing, footwork, small sided games and most importantly were fun.

Summer Netball at STARplex and Gawler are nearing the finals and the season has been a huge success with 51 Trinity teams participating. The new STARplex competition on Wednesdays has run reasonably smoothly for its first junior season and will now continue to run on Wednesdays during winter and for many seasons to come.

Trials for Trinity College Netball Academy and Knockout teams were held in Weeks 1 and 2 with around 120 girls vying for a place in either the Open Girls, Year 10 and Year 8/9 Knockout netball teams, and the Year 7/8/9 development team which make up the Senior and Junior groups for the newly established Trinity College Netball Academy. The Netball Academy aims to foster excellence and elite skills in talented young athletes by providing skills development sessions conducted by high level state league and advanced coaches along with strength and conditioning sessions. In coming years the program will be expanded to include netballers from younger year levels.

Congratulations to all the following girls who have been successful in selection in the Trinity College Netball Academy and the College Knockout Netball teams in 2012:

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Open Team

Elizabeth Millar
Emma Girdham
Emma Haynes
Rachel Humphreys
Lucia MartinEastwood
Nicole Allwright
Jamee Seccafien
Jennifer Thompson
Adele Wilton
Stephanie Goodwins

Year 8/9

Lauren Haynes
Keleni TadeoVovoli
Sarah Reynolds
Simone Stretton
Tayla Girdham
Holly Verdon
Sara Ross
Erica Rowe
Martha Heyne
Meara Girvan

Winter Netball

Winter Netball nominations for the STARplex and Gawler competitions are in. The season is shaping up to be another bumper year for those competitions. The Wednesday competition will continue at STARplex for all age groups from Netta to Open Ladies and we continue to support the Gawler and District Netball Association competition on Saturdays. Training will start in week 9 for all winter teams – coaches will be allocated teams very soon. Team lists will be sent via email and will be published on the Trinity College website on the Netball page. As we have a large number of teams again this year, if you have an interest in coaching and or umpiring on either Wednesday or Saturday please contact me in the Sports Office on 85220645.

NetSetGo!

For up and coming young netballers from Reception to Year 5 is on again this term. A great group of future netball stars are enjoying the structured program which provides every participant with the opportunity to develop netball skills, physical fitness, social skills, sportsmanship and an understanding of the game of netball. NetSetGo! is run for eight weeks each term at STARplex on Thursdays.

Year 10s

Ellen Fischer
Alicia Holmes
Melissa Dickman
Lauren Endicott
Erin Palmer
Rebekah Dixon
Shannon Bubner
Imogen Quill
Jordyn Algar
Phoebe Schmidt

Year 7/8/9 Development Team

Shannen Thede
Sophie Warland
Emily Lee
Shantelle Carapetis
Claudia Batten
Jessica DeRidder
Lily Bobridge
Bianca Davis
Alannah Seekamp
Chloe Mildred

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Boot Camp

Fifty girls attended the 2012 netball boot camp where final selections for the Netball Academy and Knockout teams were made. From the 12 minute run to aqua aerobics there was plenty of action. All the teams worked well together helping each other during the scavenger hunt.



The talks from Mrs Noris, Miss Manou and Mrs Murray helped the girls a lot in dealing with selection and non-selection in knockout teams. Not only was there fitness testing but also a Body Balance class and many different games done in teams. The food was delicious - thankyou to Mrs Furby and Susie Twigger and the games and movie at night was heaps of fun. We all appreciate the effort the teachers and staff have put in and hopefully this has yet again set us up for another great College netball year.

CHRISTINE MURRAY

Sports Coordinator

Trinity College

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